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CENTERPOINT PROGRAM



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CENTERPOINT PROGRAM

- Alberta Hospital Edmonton (AMHB, Capital Health), Adolescent section of Forensic Assessment and Community Services (F.A.C.S.).
- Multi Disciplinary Team consists of 15 staff members including: Psychiatrists, Social Workers, Nurse, Forensic Counselor, Psychologists, Students, and Administrative Staff.

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Centerpoint Program

- Program originated 12 years ago. Staff compliment expanded 5 years ago.
- Offer assessment and treatment of young people in trouble with the law.

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Assessment

- Court ordered psychiatric/ psychological assessments (Section 34 of YCJA.)
 - Multi disciplinary team includes psychiatrist, Psychologist and Social Worker.
 - Covers greater Edmonton region, as well as Central/ Northern Alberta.
- FASD Assessments
 - Psychologist, Social Worker, Psychiatrist

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Assessment Cont.

- Assessment for diagnostic and treatment purposes.
 - Psychiatric disorders.
 - Psychological ie: intellectual, neuropsychological, personality, and educational functioning.
 - Risk assessment: (Adolescent sex offenders pre- and post- treatment at Counterpoint House; other risk assessments.)

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Treatment

- Assignment of clients.
- Assessment for treatment (Involves referral for psychiatric or psychological assessment and treatment where necessary.)

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Treatment Cont.

- Based at the downtown office and in the community.
 - Probation offices: (North, South, West, St. Albert)
 - Sherwood Park, Stony plain, Westlock, Ft. McMurray.)
 - EYOC.
 - EYAC (Individual/ groups.)

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Multi-Modal Treatment Approach

- Individual and group therapy for adolescents and sex offenders. (Referrals from probation and Counterpoint House.)
- Individual Psychotherapy (Motivational counseling)
- Risk and Anger Management, Life Skills etc.)
- Family therapy (Orientation to counseling, empowerment of parents, parenting skills, family dynamics etc.)

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Multi-Modal Treatment Approach

- Group Therapy (Relapse Prevention and Anger Management.)
- Psychiatric Treatment.
- Liaison with other agencies (Probation, EYOC, Child and Family Services, Schools, Group Home Staff, etc.)
